



Serve & Learn

Organize a meaningful team building event that makes a significant difference in the lives of our unhoused neighbors.



The Night Ministry is a Chicago-based organization whose mission is to provide human connection, housing support, and health care to members of our community who are unhoused or experiencing poverty. We distribute 1,000's of Sack Suppers and Hygiene Kits each week to those in need.

Serve & Learn Projects. A staff member from The Night Ministry will give a 10-15-minute presentation (in-person at your location, at our headquarters at 1735 N. Ashland Ave, Chicago or virtually) and then lead the group in a service project. We will bring the completed project back to our office and distributed it to our clients!

The number of participants will determine how many supplies you will need to purchase. Here's an example for reference: A group of 20 people can assemble about 400 hygiene kits or 200 sack suppers in about 1.5 hours! Pricing varies a lot, depending on which project you select and the types of items you include in your project. Estimates can range from \$500-\$1,500. Sack Suppers are approximately \$2.50 each, when purchasing from Costco or Jewel, Hygiene Kits are typically \$1 each when items are bought in bulk.

To schedule a Serve & Learn, or schedule a donation pick up or drop off, please contact Maya, our Resource Coordinator, at volunteer@thenightministry.org.

SACK SUPPERS

Below are instructions for making sack suppers. Though you're not required to provide all the items listed, we encourage you to be as generous as possible for our clients who are unhoused or experiencing poverty.

SANDWICHES

Meat and cheese: Bread with at least 2 slices of turkey or ham or 1 slice of bologna, and at least 1 slice of cheese.
PB&J: Bread with peanut butter and jelly. We suggest putting peanut butter on both slices of bread and jelly in the middle, as this helps reduce soggy-ness! To maintain freshness, please do not add condiments or other toppings such as lettuce. Consider adding individual packets of mayo or mustard to the brown bags.

BROWN BAGS

The bags should be filled with nonperishable, prepackaged snacks. We ask for at least one item that is salty, and one item that is sweet.

- A bag of potato chips and a granola bar, **or**,
- A packet of crackers and a packet of cookies

BOTTLED WATER

Please donate separately, as bottles tend to rip through the brown bags.

FRESH FRUIT -- OPTIONAL

Softer fruits, like bananas and oranges, are better for those with dental problems.

Please donate fruit separately for refrigeration, not in the snack bags!

PREPARATION AND FOOD SAFETY

People on the street are susceptible to illness, so handle food with care. Use a paper or plastic tablecloth to cover your workspace (this makes for easy cleanup as well).

Use nitrile or vinyl gloves for food preparations. Latex gloves are not preferred due to possible allergies.

HYGIENE KITS

The Night Ministry recognizes that keeping clean is an important part of being healthy and retaining dignity while facing homelessness. Hygiene kits are distributed by our Health Outreach and Youth Outreach teams to our unhoused neighbors.

HYGIENE KIT LIST

In an effort to meet our clients' basic hygiene needs, we request that every kit is packed in either a gallon zip bag or a white paper bag and contains one of each of the following:

- Toothbrush
- Toothpaste (travel-size)
- Deodorant (travel-size)
- Packet of body wipes

OPTIONAL ITEMS

You may also include any of the following:

- Shampoo (travel-size)
- Bar of soap or body wash (travel-size)
- Chapstick
- Lotion (travel-size)
- Pack of tissue
- Comb
- Razor and shaving cream

However, we request that you **do NOT** include any of the following:

- Notes or cards
- Food or water
- Clothing items
- Menstrual products
- Band-aids or other medical supplies



Scan the QR Code to reach a ready assembled Hygiene Kit shopping cart at Amazon.